

May 2024

The Orange Harbor

## "Island News"

5749 Palm Beach Blvd.

Ft. Myers, Fl 33905

(239)694-3707

Website: Orangeharbormhc.com

Orange Harbor office is open Monday-Friday from 8 a.m. to 4:30 p.m.

Carla Walsh, Administrative Assistant

#### Orange Harbor Co-op Board of Directors

President **Butch Chambers** Vice President Bill Michals Secretary Donna Albert Treasurer Mike Hamilton Director **Sharon Wills** Director **Henry Jones** Director Jerry Yost Director Don Vittitow Director Jean Jeffery



"Island News"

Editor: Jennifer Krogulski

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All advertising contained in this newsletter supports the publication costs but does not constitute an endorsement by the Orange Harbor Co-op nor any clubs and activities.

"May is the month of expectation, the month of wishes, the month of hope."

— Emily Brontë

#### **Letter from the Editor**

Hello fellow Orange Harbor residents! My name is Jennifer Krogulski at 78 Sun Circle, and I am your newsletter editor. If you have anything you would like to see added to the newsletter, please reach out to me at ohnewsletter@aol.com.

Newsletters will not be delivered. Copies are available in the clubhouse and RV washrooms.

#### **Community News!**

Congratulations to Butch Chambers, Jeannie Miller Jeffery and Sharon McGuire Will for being our newly elected board of directors. Thank you to Don Benscheider and Tony Krogulski for serving our community. Butch Chambers will continue to be the President, William Michals will be the new Vice President, Donna Albert is the Secretary and Mike Hamilton is the Treasurer.

The board is currently viewing bids to replace the large capacity washing machine in the laundromat. Watch for a new one in the future.

The board has decided to go back to using an outside management company instead of self-managing. Potential management companies are being reviewed and interviewed.

In consideration of fellow neighbors, please do not use the dumpster compactor at night.

Unfortunately, there have been incidents of residents using the compactor during the middle of the night and disturbing the residents who live near the dumpster and are being awakened from their sleep. There is a quiet period in our community from 10pm-7am. Please use proper discretion.

There will be a new AED Defibrillator/CPR will be added to the pavilion. Bill Michals has volunteered to be in charge of the AED at the pavilion and clubhouse.

Please remember that there is a fee for bulk garbage. You need to obtain a sticker from the office. Look for the maintenance section in this newsletter for appropriate prices.

Please note: if you hold an event in the clubhouse and food is offered, please clean up the garbage and dispose of the bags to the dumpster. We need to keep the rats away from our clubhouse and proper disposal of garbage is very important.



#### Save the Date

(Dates tentative to change)

#### May

1	Town Hall (clubhouse)
4	All Park Breakfast (clubhouse)
7	Dingo (clubhouse)
9	Foxy Ladies
11	Coffee & Donuts (clubhouse)
14	Mimosa Belles
14	Bingo (clubhouse)
18	All Park Breakfast (clubhouse)
21	Dingo (clubhouse)
24	<b>Board of Directors Meeting</b>
	(clubhouse)
25	Coffee & Donuts (clubhouse)
27	Memorial Day
28	Bingo (clubhouse
29	Town Hall Meeting (clubhouse)

#### Thought for the Day

Learn to listen. Opportunity sometimes knocks very softly.

- WUFT, Gainesville-Ocala: 89.1/90.1
- WDNA, Miami: 88.9
- WUSF, Tampa-St. Pete: 89.7
- WMNF, Tampa-St. Pete: 88.5
- WKGC, Panama City: 90.7
- WQCS, Ft. Pierce-Vero Beach: 88.9

- WJCT, Jacksonville: 89.9
- WMFE, Orlando: 90.7
- WUCF, Orlando: 89.9
- WGCU, Ft. Myers-Naples: 90.1
- WUWF, Pensacola-Destin: 88.1
- WFIT, Melbourne: 89.5
- WFSU, Tallahassee-Panama City: 88.9/89.1
  - WLRN, Miami-Ft. Lauderdale-Florida Keys: 91.3/91.5



Florida Public Radio Emergency
Station



#### **Have You Read Your Rules Lately?**

This is a reminder that the Rules and Regulations are in effect and being enforced. All Residents and their guests are expected to know and abide by these rules.

New Rules and Regulations Update-The new rules and regulations were voted on and adopted by the Board of Directors on May 27, 2022.

You can access the Rules and Regulations by going to our website at orangeharbormhc.com, click on the documents tab, click on community rules, and click on the pdf file.

#### XVI. SELLING, SOLICITING AND SIGNAGE

- 1. No unsolicited selling, peddling or commercial activities from outside vendors of any kind are permitted within the community. Residents may use the bulletin board in the clubhouse or laundromat to advertise or post activity notices on 3"x5" postcards. Management has the right to remove any advertising it deems inappropriate. In addition, advertisements from outside vendors posted in the clubhouse are at the sole discretion of management and can be removed without notice. Notwithstanding, nothing herein prevents or infringes upon the right of a resident from canvassing residents for the purpose described in Florida Statutes 723 and 719.
- 2. Residents may only display one portable, removable United States flag or official flag of the State of Florida in a respectful manner. Residents may also have one (1) portable, removable official flag displayed in a respectful manner, but cannot be larger than 4 1/2 feet by 6 feet, representing the United States Army, Navy, Air Force, Marine Corps, Coast Guard or a POW-MIA flag, regardless of any covenants, restrictions, bylaws, rules, or requirements of the association. No political flags are allowed. Further, the Act states any homeowner is also entitled to erect a freestanding flagpole of no more than twenty (20) feet in height on any portion of their property, regardless of the governing documents provision. Such flagpoles may not obstruct sightlines at intersections and cannot be erected in an easement. The homeowner may display the same flags from the flagpole as were permitted to be displayed by the portable flag provision. There is no statutory right to display any other flags, including historic versions of the United States flag.
- 3. Fifteen (15) days prior to a National, Statewide, or County election, one (1) political sign, no larger than 18"x24", may be displayed on each lot and must be removed within three (3) days after the election. No other signs (except manufactured home "for sale" or "open house" signs as set forth herein below) of any kind shall be displayed within the community or on resident's home or unit. General notices and articles for sale may be posted on the bulletin board provided for such purpose in the clubhouse or laundromat.
- 4. "For Sale" signs shall be limited to one sign, no larger than 12"x24", which may be posted in a window in the front of a home for sale. (One-sign-per-home). Homes on the water can also have one sign of the same size in a window in the back of the home facing the water. If a manufactured home has no window in the front, one sign of the same size will be allowed to be placed on the home or carport. No "For Sale" signs are permitted in the yard.
- 5. Resident yard sales, garage and/or carport sales are permitted with management's approval. Community wide yard sales may be permitted from time to time with management approval. Signs used for yard sales can be placed in the yard 24 hours prior to the event and must be taken down 24 hours after the event.
- 6. A resident can conduct open houses if their home is for sale. Open House signs can be placed in the yard 24 hours prior to the event and must be taken down 24 hours after the event.



Find the complete list of rules on orangeharbormhc.com or visit the office for a copy!

#### **Weekly Activities Schedule**

									Off	
Activity	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Leader	Schedule	On Schedule
									April 2024 -	Jan 2025 -
Men's Golf League					7:30am			Kim F	Dec 2024	Mar 2025
									April 1, 2024	
									- Oct 15	Oct 15, 2024 -
Exercise DVD		8:00am	8:00am	8:00am	8:00am	8:00am		Sue S	2024	Mar 31 2025
								Sharon M /		
Water Aerobics		9:00am	9:00am	9:00am	9:00am	9:00am		Barbara H	Year	Round
				9:00am,					May 2024 -	Nov 2024 -
Pool/Billiards League		9:00am		6:00pm				Bob Coats	Oct 2024	April 2025
									April 2024 -	Nov 2024 -
Hobbies and Crafts			9:00am					Sue S	Oct 2024	Mar 2025
									April 2024 -	Jan 2025 -
Line Dance					9:00am			Caryn N	Dec 2024	Mar 2025
									May 2024 -	Jan 2025 -
Horseshoes			9:00am					Richard J	Dec 2024	April 2025
									May 2024 -	Nov 2024 -
Pickle Ball		10:00am		10:00am		10:00am		Midge	Oct 2024	April 2025
									April 2024 -	Dec 2024 -
Bocce Ball		10:00am						Marlene	Nov 2024	Mar 2025
									May 2024 -	Nov 2024 -
Shuffleboard					10:00am			Pat Joyce	Oct 2024	April 2025
									May 2024 -	Jan 2025 -
Ladies Golf League		10:30am						Sharon M	Dec 2024	April 2025
									July 2024 -	Nov 2024 -
Bible Reading		10:30am						Tim	Oct 2024	June 2025
				11:00am				Kay Evens	Year Round	
Mahjong	-				1	1			1	
									May 2024 -	Nov 2024 -
Art Club		12:30pm						Mary Anne K	Oct 2024	April 2025
									May 2024 -	Nov 2024 -
Bunco					1:00pm			Betty West	Oct 2024 April 2025	
						1:00pm		Deb M	Year Round	
Texas Hold'Em										

							·	Nov 2024 -
Corn Hole			1:30pm			Sue P	Oct 2024	April 2025
	5:30pm		5:30pm			Dolly T	Year F	tound
Hand, Knee, Foot								
Dominoes /								
Mexican Train				6:00pm		Jan S	Year F	tound
							May 2024 -	Nov 2024 -
Euchre			6:00pm			Ken S	Oct 2024	April 2025
							May 2024 -	Nov 2024 -
Pinochle				6:00pm		Mary Anne K	Oct 2024	April 2025
							April 2024 -	Jan 2025 -
Cribbage				6:00pm		Dolly J	Dec 2024	Mar 2025



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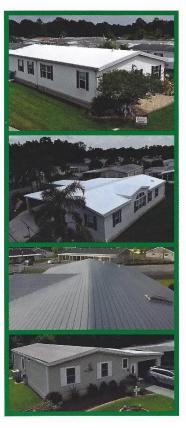




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#### **Swimming Pool**

The pool is open from sunrise to sunset. All guests 14 and under must be accompanied by an adult. If you remove the pool rope that is across the pool separating the deep end to the shallow end, **PLEASE PUT IT BACK**. We will be fined if safety protocol is not followed.

#### **Library**

The library is full of books, puzzles, and games in the clubhouse. Please return them when you are finished.

#### **Billiards**

Be sure to use our new billiards table in the clubhouse. Please respect the rules pertaining to them.

#### **Ice Machine**

The ice cube machine is in the clubhouse. Please use the scooper provided, take maximum 3 scoops, and please close the lid.

#### **Bocce Ball**

Enjoy our bocce ball courts with all the equipment you need near the court located next to the clubhouse parking lot.

#### **Shuffleboard**

Shuffleboard equipment is for everyone's use and can be found in the shed next to the court.

#### **Storage and Boat Slips**

There 41 storage spaces on the premises and 17 Boat slips. All spaces are rented annually and are rented first come, first served. Please contact the office for prices.

#### Clubhouse

The clubhouse is in the heart of the community. It is where we host a lot of our activities. It is available to rent for special occasions. Please contact Denise Miller at 603-493-1719.

#### **Garbage Disposal and Plant Cuttings**

There is a dumpster and plant cutting trailer available 24 hours a day, 7 days a week. Please do not put large items in the trash compactor. All large items need to be paid for with the proper sticker from the office. Please place the appropriate items in the correct trailer.

#### **Boat Ramps**

We have two boats ramps in the park. One is located near the office and the other is next to gypsy hall near the RV section. Please do not park trucks or trailers where they will be towed when launching your boat.

#### **Horseshoe Pits**

There are horseshoe courts near the pavilion and pool. Please replace the equipment when done using.

#### Fishing Pier & Fish Cleaning Station

There is a fishing pier available to all residents on the NW side of the park. Please obey all fishing regulations and dispose of your used fishing line in the proper waste bin that is available at the pier. There is a fish cleaning station in the RV park that has a cutting surface and running water. Please dispose of your fish carcasses appropriately.

#### **Dog Park**

For your convenience there is a fenced in dog park open 24 hours a day, 7 days a week for your pets. There are dog waste bags and bins. **PLEASE** clean up after your pet.

#### **Pavilions**

There are two pavilions on the premises. One is located near the pool and the other is located in the RV section. They are available for rent for special occasions. Please contact Denise Miller at 603-493-1719 to make a reservation.

#### <u>Pickleball</u>

Equipment is located in the parking lot of the clubhouse.

#### Do Not Put FROG Into the Drain!



Help us prevent fats, rags, oils and grease clog/blockages in the sewer system. Raw

or partially treated sewage can back up into homes or flow into the streets, rivers, and bay. Do not put the following items down the drain:

Food scraps, butter, margarine, cooking oils, sauces, dairy products, greasy leftovers. Facial tissues, baby wipes, disinfectant wipes, moist wipes, toilet bowl scrub pads, napkins, paper towels, dental floss, eggshells, nutshells, bones and coffee grounds, hair, sanitary napkins, tampons, condoms. Vitamins, medicines, sheet plastic, or plastic of any kind, diapers. The best recommendation for toilet paper is that it is made from 100% recycled materials.



#### We Recycle on Fridays

Please place your handle towards your house and the open side toward the street for proper pickup!

#### **Recycle Smart-5 For the Cart:**

**Paper**-junk mail, newsprint, magazines, copy paper, phone books, etc. **DO NOT** put in used paper towels, tissues, napkins.

**Metal cans**-aluminum or steel (tin) cans. No need to remove labels or crush cans.

**Cardboard**-Any kind of box unless it held a liquid (such as those to hold milk, juice, wine, and broth). Pizza box lids can be recycled, the bottoms can be recycled if they do not have any food residue on them.

Plastic Containers-Look for the number 1-7 within the recycle triangles on the bottom of the container (no Styrofoam, no plastic bags) Lids can be either on or off. Glass-green, brown, and clear bottles and jars. Literature provided by Lee County Southwest Florida website leegov.com

#### Trash Removal and Yard Waste Schedule:

Wednesdays - Brush pick- up. Please keep in maximum 3 foot bundles.

Tuesdays & Fridays - Garbage pick-up Please put your garbage out first thing in the morning, so animals won't get into it.



#### Mosquito Control: It's Up To You

Empty all standing water you have around your house to avoid breeding mosquitoes!

#### **Maintenance Crew News**



We start our days with Orange Harbor to be the very best!

- 1. Dog owners, please pick up and dispose properly of your dog's mess, this includes dog park area.
- 2. Yard wastes, trimmings and weeds, etc. are to be cut and bundled in 3ft sections and weeds bagged.
- 3. Anything you place in K-mart or we pick-up MUST have a sticker. This is to cover the costs of hauling to scrap yard or the added costs of the extra weight in compactor. Stickers are available in the office.
- 4. If you can't pick it up, we can't pick it up! Put your garbage in a couple of bags instead of stuffing it all in one!
- 5. We don't do maggots! Please clean out your bins!

Thank you all for complying and making our jobs more efficient.



#### **BULK TRASH**

#### Please see the prices of bulk trash below for dumping

**\$25.00** - Mattress, box spring, armoire, sofa, refrigerator, washing machine, dryer, freezer, stove, shower stall,

\$25.00 - TV antennas (Satellite dish type) ALL LARGE APPLIANCES.

**\$20.00** - Over-sized chairs, dining tables, dish washer, rear projection TV, door, entry size rug.

**\$10.00** - Dining chair, barstool, end table, computer, monitor, small flat screen T.V., printer, battery, tire.

\$ 5.00 - Golf cart tires, small items in this size range.

## No construction materials, paint, oil or hazardous materials allowed.

Lee County Solid Waste Resource Center 10550 Buckingham Road, Fort Myers, FL 239-533-8000 Contact the office if you have questions regarding a specific item not listed.



#### Hours of Operation:

Daily 7 a.m. to 10 p.m.

Any person using the facility should. report any maintenance issues to management immediately.

Please keep our laundromat neat

and clean and keep the door closed! If you have an issue with a dryer or washer, PLEASE write down what the problem is so the repairman can repair it correctly. Either let the office know and place a note on that machine. It will save us a service call!

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- > FREE LARGE DISPLAY DIGITAL T-STAT
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- > 3 YR or 5 YR LABOR WARRANTY INCLUDED!
- 10 YR PARTS WARRANTY INCLUDED
- > NEXT DAY INSTALLATION (BASED ON AVAILABILITY)

\*Includes unit & heater, anchored to existing slab & electric.

(New Slab, Duct work, stand, duct cover etc. at additional cost)

# "We Recycle!"

#### **KEEP IT UP ORANGE HARBOR, you are doing your part!**

- For new residents, we have HUGE recycling bins for bigger recycled items, like cardboard boxes, over by Gypsy Haul.
- RECYCLE EVERY FRIDAY
- PLASTIC
  - Five plastic bottles (PET) recycled provides enough fiber to create one square feet of carpet or enough fiber fill to fill one ski jacket.
  - o Americans throw away 2.5 million plastic bottles every hour.
  - Recycling one ton of plastic bottles saves the equivalent energy usage of a two-person household for one year.

#### CANS

- Every three months, Americans throw enough aluminum in the landfills to build our nation's entire commercial air fleet.
- The average person has the opportunity to recycle more than 25,000 cans in a lifetime.
- o Recycling a single aluminum can save enough energy to power a TV for three hours.
- o It requires 95% less energy and water to recycle a can than it does to create a can from virgin materials.

#### GLASS

- Glass can be recycled and re-manufactured in an infinite amount of time and never wear out.
- o Making glass from recycled material cuts water pollution by 50%.
- o Recycling just one glass jar saves enough electricity to light an 11-watt CFL bulb for 20 hours.
- More than 28 billion glass bottles and jars end up in landfills every year -- that is the equivalent of filling up two Empire State Buildings every three weeks.

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Contact Phone: 207-852-4257 Website: www.creativecottagesinc.com.

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Come join Orange Harbor's "Coffee Hour" at 9 a.m. in the clubhouse every 2<sup>nd</sup> and 4<sup>th</sup> Saturday of the month. This hour event serves as a local hub and gathering for attendees to visit with other park residents, learn about new items of interest, upcoming park events, club activities are announced, and ticket sales are available for functions. Bring your favorite mug or use one of our cups, but please join us.

There are sign-up sheets on the bulletin board. Please don't forget to sign up so the chairperson will know how many to order so we do not run out of donuts!

Hosts are needed for ALL SEASON.

#### Directory



The e-directory is ongoing. We are working together with the OH office and the Welcome Committee to gather information. If you would like to be included in the directory, please contact

Jeannie Jeffery at 317-716-9778 or email jem1931823@gmail.com

D

Don't miss the **All Park Breakfast** the 1<sup>st</sup> and 3<sup>rd</sup> Saturday of the month at 8:00 a.m. in the clubhouse.

#### MAHJONG Join us every Wednesday at 11am.

Mahjong is a tile-based game that was developed in the 19<sup>th</sup> century in China. It is played with four players. It is a game of skill, strategy, and luck. Contact Kay Evans at 303-859-5566 for any help.

Hand/Knee/Foot is every Sunday and Wednesday at 5:30pm. Hand/Knee/Foot is a card game similar to Canasta for four players.

**Texas Hold-Em is held every Friday at 1pm.**Two cards are dealt face down to each player, then five

community cards are dealt face up. The goal is to get the best poker hand.

#### **Dominoes & Mexican Train is held every**

**Thursday at 6pm.** We hope you can join us then for these great large group games.

**Don't forget Bingo is every other Tuesday at 6:30.** Please consult your calendar for actual dates.

Join us every other Tuesday at 6:30 for Dingo. Please consult your calendar for actual dates.

"I play too much cornhole"-said no one ever, so join us on Wednesday's at 1:30, be there early to register. Everyone is Welcome! We will play through the month of May.

#### Happiness is yelling, "BINGO"!

Bingo caller & Validator Volunteers Needed!

If you are interested in being the caller or validator sign-ups will be in the clubhouse.

Caller: Will use the OH computer that will auto select the numbers and then announce the number through the sound system. New callers will be instructed on how to use the Bingo Software.

Validator: Will call back the numbers of a potential Bingo, collect and dispose of the used bingo sheets.

#### **BINGO RULES**

- DOORS OPEN AT 5:00 P.M.
- NO CARDS CAN BE PURCHASED AFTER 6:15 P.M.
- CALLING STARTS PROMPTLY AT 6:30 P.M.
- NO ONE UNDER 18 IS ALLOWED TO PLAY
- NO ONE BUT PLAYERS WHO PURCHASED A BINGO PACK ALLOWED I.E. NO WATCHERS
- YOU MUST CALL "BINGO" ON THE LAST NUMBER CALLED
- YOU MUST YELL "BINGO" LOUD ENOUGH FOR THE CALLER TO HEAR YOU.
- IF MORE THAN ONE PLAYER BINGO'S ON THE LAST NUMBER CALLED, THE POT WILL BE SPLIT AMONG THOSE WITH VALID BINGO'S

THANK YOU FOR YOUR COOPERATION!

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**The Smalltooth Sawfish** is one of five species of sawfishes. All sawfish belong to a group of fish called elasmobranchs that include rays, skates, and sharks. Elasmobranchs have no bones, and their skeletons are instead made of cartilage, a firm tissue more flexible than bone. Although shark-like in appearance, sawfish are actually rays, as their gills and mouths are found on the underside of their bodies. Sawfishes get their name from their distinct rostrum—a long, flat snout edged with teeth—that looks like a saw. We have the privilege to have them right here in the Caloosahatchee River!

#### Where They Live

In the United States, smalltooth sawfish are most often found off the southwest coast of Florida, from about Charlotte Harbor through the Everglades and Florida Keys region at the southern tip of the state. During their first 2 years, juveniles live in estuaries and the smaller habitats within them, such as shallow portions of bays, lagoons, and rivers. Once they reach approximately 7 feet, they begin moving out of the shallow estuaries into more coastal habitats. Larger juveniles and adults can be found in estuaries, off beaches, and along deep-water reefs. A number of factors, such as water temperature, water depth, shoreline vegetation, and salinity, affect how and when a sawfish uses a habitat. Generally, smalltooth sawfish live in waters warmer than 64°F. Small sawfish tend to live in shallow water and move to deeper waters as they grow. For example, in Charlotte Harbor, Florida—an important nursery and research area for smalltooth sawfish—we've learned that juvenile sawfish have an affinity for water that's at least 70°F and less than 3 feet deep. Smalltooth sawfish populations declined dramatically during the second half of the 20th century due to habitat loss associated with coastal development and accidental capture in fisheries. In response, NOAA Fisheries listed the U.S. distinct population segment (DPS) of smalltooth sawfish as an endangered species under the Endangered Species Act (ESA) in 2003; making it the first marine fish to receive federal protection. Under the ESA, it is illegal to catch, harm, harass, or kill an endangered sawfish. However, some fishermen catch sawfish as bycatch (i.e., incidentally while fishing for other species). Safe handling and release guidelines have been developed to guide fishermen how to respond when they incidentally capture sawfish.

#### **Appearance**

Smalltooth sawfish are olive gray to brown on top and have a white underside. Although sawfish have shark-like bodies, they are actually a type of ray. They are named after their "saws" (rostra)—long, flat snouts edged with teeth. Smalltooth sawfish have 22 to 29 teeth on each side of their snout.

#### **Behavior and Diet**

Smalltooth sawfish primarily eat fish but may also consume invertebrates (e.g., shrimp and crabs). A sawfish uses its rostrum to slash through schools of fish, swinging it from side to side to impale and stun prey. The rostrum also contains an electro-sensory system, which can sense the weak amount of electricity produced by other animals. This system helps sawfish identify when prey is nearby.

#### Lifespan & Reproduction

Smalltooth sawfish are "yolk-sac viviparous"—their young are attached to yolk sacs that nourish the embryo inside the mother's body and emerge as fully developed pups. The pups are born with their saw fully developed, but it is very flexible and sheathed in a thick gelatinous material to avoid injuring the mother at birth (the sheath dissolves quickly thereafter). A mother smalltooth sawfish can have 7–14 pups per litter. Newborn sawfish are approximately 2 feet long at birth and double in size over their first year. Sawfish reach sexual maturity beginning around 7 years and when they've reached a size of about 11 feet. The length of the female smalltooth sawfish gestation period, or pregnancy, is believed to be 12 months and females can give birth every other year.

To report a sawfish sighting: E-mail: Sawfish@MyFWC.com Telephone: 844-472-9347 (1-844-4SAWFISH) To file a report of a sawfish sighting or encounter, please include the date and time of the encounter, the location, the estimated length of each sawfish, the water depth, and any other relevant details.

#### **Blood Drives**

Another fantastic blood drive! I want to thank you for all your hard work which resulted in another successful drive. The OneBlood staff enjoy all the residents at Orange Harbor. . . it's one of our favorites.

We are pleased to share that the recent blood drive resulted in 22 units of blood! Each donation can save up to three lives so that means 66 patients could benefit from the lifesaving efforts of the donors at Orange Harbor! The blood from your drive went to St Pete's Friday evening where it was divided in platelets, plasma and red blood cells. The blood was immediately transferred to this area to three patients (66 total) on Sunday or today. The donors will receive an app with information on their blood type, cholesterol level, etc.

#### **Blood Drives 2024-2025**

November 15, 2024 January 17, 2025 March 14, 2025

I thought you would like to hear some comments from patients that received blood from OneBlood.

- Your decision to donate had a significant impact on my family and myself as your blood helped save my life after a traumatic childbirth and allowed me to become a first-time mother. We are grateful to you!
- My story. I am a Paramedic in a trauma center. I am alive because of blood donors like you! I suffered from a gunshot wound that almost took my life. The first night in the hospital I had 18 units of blood products. I had more the following days and multiple surgeries. I wish I could meet the people that gave blood for me. So, finding this card today I wanted to tell you thank you for giving blood, you saved a life today.
- Thank you for your generous donation. I found myself in the ER this week as a result of critically low hemoglobin and I had absolutely NO idea. I had a routine blood test for my physical and got a call from my doctor to go to the ER immediately. Once there, I was hooked up with a pint of your blood and today I feel so

## energetic and completely different than I did when I went in!

#### Fun Facts:

- 1. 63% of the population is eligible to donate but only 4% donate.
- 2. Cancer and Blood Disorder patients rely on blood transfusions regularly in order to survive.
- 3. OneBlood must collect 2,500 units a day to meet the daily demands.
- 4. OneBlood services more than 220 hospitals in the state including veterans' and children's hospitals, cancer treatment centers, burn units, and major trauma centers.
- 5. Someone needs a blood transfusion every 2 seconds, and 1 out of every 3 people will need a transfusion at some point in their life.
- 6. To donate blood, you must be at least 16 years old, weigh 110+ pounds.

Thank you to Midge Hennig for your dedication to helping others and arranging the blood drives. Thank you to the residents who are able to give to this life-saving act.

#### Blood donation will cost you nothing, but it will save a life!

#### 7 Rules of Life

- Make peace with your past so it won't disturb your present.
- 2. What other people think of you is none of your business.
- 3. Time heals almost everything. Give it time.
- 4. No one is in charge of your happiness, except you.
- 5. Don't compare your life to others and don't judge them, you have no idea what their journey is all about.
- 6. Stop thinking too much. It's alright not to know the answers.
- 7. Smile. You don't own all the problems in the world.

Golf Carts vs Bicycles and Pedestrians
Please remember that golf carts and bikes must follow the same "rules of the road" as cars and other motor vehicles. Golf carts need to stay on their side of the street, stop at all corners, and proceed into an intersection after carefully looking both ways. There have been way too many "near misses" on our streets involving cars, bicycles, and pedestrians, with drivers not following the "rules of the road". Please follow the speed limit of 15 mph on our streets and stop at all STOP signs for the safety of our residents.

Pedestrians, please use a flashlight at night on your evening walks for your safety and others.

#### **NEED TO KNOW! PLEASE READ!**

THE NON-EMERGENCY NUMBER FOR THE LEE COUNTY SHERIFF'S DEPARTMENT IS 239-477-1000. IF IT IS AN EMERGENCY, PLEASE DIAL 911.

NO SMOKING IN THE PAVILION AND GYPSY HAUL!

SMOKING IS PROHIBITED WITHIN 30' OF THE EXTERIOR OF THE CLUBHOUSE! PLEASE DISPOSE CIGARETTE BUTTS IN THE PROPER PLACE, NOT ON THE GROUND!

PET OWNERS, PLEASE DO NOT PUT YOUR PETS ON THE PICNIC TABLES IN THE PAVILION AND GYPSY HAUL! UNFORTUNATELY, THIS HAS HAPPENED IN THE PAST.

QUIET TIME IS FROM 10PM-7AM.

DID YOU KNOW THAT "OH" STANDS FOR ORANGE HARBOR?

**ATTENTION TO ALL CLUBS**: If your club would like to have a fundraiser at some of the events and the social club is not serving a meal, we encourage you to get creative and make some money for your group. Your group can serve food at various music events at the pavilion, pool parties, etc. Please contact Denise Miller if you have any questions and reserve your spot on the calendar!



# "ARC" Architectural Review Committee

Applications are required for ANY changes affecting the exterior of the residence. Applications must be submitted 30 days prior to the start of the work. Work cannot commence without ARC approval. All work shall commence within 90 days of approval. Any changes or modifications must be submitted to the Arc committee for review and consideration. Homeowners must comply with all local and state building codes and obtain permits as required. When using a contractor, the homeowner must obtain the business license, Certificate of Insurance (COI) showing coverage for Liability and Workman's Compensation (Certificate Holder must show Orange Harbor Co-Op Inc. on the COI) Any unapproved or non-complying improvements may be subject to enforcement procedures, including but not limited to the demand of removal, imposition of fines, and/or legal injunctions at the homeowner's expense.

You can find the form on the website at orangeharbormhc.com under the "Documents" tab or at the office.



# Did you know that we have **Three** websites involving Orange Harbor?

Please visit our websites at:

#### Orangeharbormhc.com

Here you can find lots of information regarding our park and what it has to offer. Once there you can click on different tabs which will take you to our RV resort page that website is:

#### Ohrvresort.com

You can also click on the tab for homes for sale from Barefoot Realtors, that website is:

Orangeharborhomes.com

Concerns/Complaints About Animals
For all concerns/complaints about animals in or
around the park please call:
Lee County Domestic Animal Services at 239-5337387

#### **Front Gate Security**

When entering the park through the gate, please be sure to wait until the gate closes before proceeding to keep people out of the park who do not have authorized access. **DON'T GIVE OUT YOUR GATE CODE!** 



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#### Shareholders a new portal has been created for use. Please follow the steps below to create your account:

- Open www.orangeharbormhc.com website.
- Find tab at top of page listed Resident Portal
- Scroll down to Shareholder Portal
- Hover over box that reads:
  - Shareholders: Keep informed! Log in to view co-op information. Click here and click.
- Type in your email address.
- Hover over FORGOT PASSWORD and SUBMIT.
- An email message will be sent to you.
- Open that email, and type in a password to be saved.
- That will be your password and how you will enter the site in the future.
- When you are in the portal, you will see postings there that you can view.

#### Let's Get Social

Thank you, "Orange Harbor Community", for a wonderful 2023-2024 Season. Most events were well attended and lots of fun. As much fun as we had, I'm looking forward to a more relaxed summer. Enjoy your summer and get ready for another busy 2024-2025 season. We are already planning for next season's events.

If you have an event you want to schedule for Clubhouse, Pavilion or RV Gypsy Haul, please contact me and Jennifer so we can be on the same page with newsletter and Google Calendar. Also, if you want something to be put on the Signage Monitors, please reach out to me with what you want to display.

Reminder residents that they need to sign up in the Clubhouse for any event that involves food in advance in order to purchase the correct amount.

Exception is Bingo Night – no sign up required for food purchase.

Calendars and Newsletters will be at Clubhouse. We will not be delivering to each household. We will also put some at the RV Bathhouse.

Thank you, Denise Miller, OH Social Chair 603-493-1719 dmillernh@comcast.net

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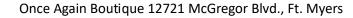
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This Photo

# Orange Harbor Thrifty Shoppers, "Thou shall not pay retail" and "May the thrift shop odds be ever in your favor!"

Here is a list of some of the thrift shops you may find locally for the person who can't go without a bargain! Onward shopping!

Teen Challenge 15631 San Carlos, Ft. Myers

St. Columbkille Thrift Store 15271 McGregor Blvd #29, Ft. Myers

The Community Thrift Store 15501 Old McGregor, Ft. Myers

Goodwill locations:

5100 Tice St., Ft. Myers
5995 S. Pointe Blvd Ste 100 Ft. Myers
4950 Challenger Blvd, Ft. Myers
2285 First St., Ft. Myers
13500 Plantation Rd., Ft. Myers
15271 McGregor Blvd., Ft. Myers
17949 N. Tamiami Trail Ste 115, North Fort Myers
1919 N Tamiami Trail, North Fort Myers
2040 Pine Island Rd Cape Coral
2825 Lee Blvd Lehigh Acres

Hope Chest locations: 6900 Daniels Parkway Fort Myers 2354 Surfside Blvd Unit D 105 Cape Coral

Second Chance 12873 S. Cleveland, Ft. Myers

Plato's Closet 11621 S. Cleveland, Ft. Myers

St. Matthew's Thrift Store locations 13140 Metro Pkwy Fort Myers 25091 25091 Bernwood Drive Bonita Springs 4945 Golden Gate Pkwy., Naples Naples Boutique 2601 Airport-Pulling Rd S Naples 1115 Airport-Pulling Rd S Naples

Grace Church Thrift Store locations 14002 Matanzas Dr., Ft. Myers 601 Del Prado Blvd N, Cape Coral

Tice United Methodist 4545 Tice St., Ft. Myers

Step of Faith Ministries Thrift Store 5781 Bayshore North Fort Myers

# A BIG THANK YOU FROM HOBBIES AND CRAFTS

Our group would like to thank you for all the support this year. We are no longer a 'club'. We don't have any officers or membership dues. But a group of gals have stepped up and volunteered their time and talents to allow us to have weekly hands-on projects from November through March. This year we finally brought closure to the 'dolls' project that Hobby has been doing since 1985.

Our Used Fashion Sale was a huge success thanks to all of your donations of clothes and jewelry and the purchases you made. The style show showcasing the items that were bought at the sale or from a thrift store was a lot of fun. Now you can put a brown grocery bag near your closet and start saving for next year's Used Fashion Sale.

The Spring Craft Bazaar was also a huge success. A big thank you goes out to all the folks that baked for the bake sale portion. We even had guys baking. Even if you weren't part of our regular Hobby group, you were all very generous. You also donated to Trash & Treasures, Lucky Chance Raffle and purchased items from the craft yendors.

We can't forget about Roger and Debbie who fed those that attended the Bazaar with donuts and coffee in the morning and then walking tacos at lunch time.

If you are willing to lead a hands-on project or do a demonstration next year, please contact Sue Steiner. We need you to show us actual samples of the project. You can't just show us a picture and say, 'that would be nice to do". We even started 'cooking/baking' demonstration ideas this year, which was very successful and very tasty.

A big THANK YOU to all the volunteers who helped in one way or the other this year. The Hobbies and Crafts group certainly appreciated it.

#### PROTECT FLORIDA SEAGRASSES

Seagrasses are plants totally adapted to living underwater. Their canopy of leaves and net of roots create a stable and protected habitat for marine life.

- Seagrass benefits the environment by providing habitat for young stages of fish, crustaceans, and shellfish, which
  are important to commercial and recreational industries. Seagrass stabilizes bottom sediments and filters
  nutrients from the water, aiding the growth of other marine life.
- Seagrass loss in watersheds of estuarine and marine systems is caused by human activities, such as dredge and fill activities, coastal development, nutrient pollution, degraded water, propeller scarring, and interruption of natural hydrology.
- If boating in shallow areas or seagrass beds, you could see a mud trail in your wake where your propeller has churned up the bottom, clouded the water, and likely cut seagrass roots. If you see this trail, you should: stop your vessel, tilt your motor out of the water, and pole or walk your vessel out of the shallow area or seagrass bed.

Destruction of seagrass in aquatic preserves is a violation of Florida law and carries a penalty of up to \$1000. Avoid damaging seagrass by knowing your boat's operating depth and navigating in marked channels. Anchor only in bare sandy bottoms.

#### PROTECT FLORIDA'S WATERWAYS FROM INVASIVE AQUATIC PLANTS

- Managing non-native aquatic plants that have been introduced into Florida's waterways costs millions of dollars each year. These invasive aquatic plants can edge out beneficial native submersed plants and lower oxygen levels, resulting in fish kills; hamper the feeding of sport fish, produce stunted fish populations; negatively impact local economies; threaten human health by creating ideal mosquito breeding habits; restrict water flow; resulting in flooding; reduce lakefront aesthetics and property values; and increase the sedimentation of waterways.
- Non-native aquatic plants, such as hydrilla, water lettuce, and water hyacinth, are invasive weeds that can cause significant environmental harm.
  - Help slow the spread of these species and prevent additional invasive aquatic species from becoming established.
  - Clean all aquatic plants (even small fragrances) and mud from your boat and trailer before leaving a waterway.

#### **DISCHARGE OF TRASH**

It is illegal to dump refuse, garbage, or plastics into any state or federally controlled waters. Many forms of litter can kill birds, fish, and marine mammals.

- You must store trash in a container while on board and place it in a proper receptacle after returning to shore.
- If boating on federally controlled waters and your vessel is 26 feet or longer, you must display a Garbage Disposal Placard that is at least 4x9 inches and notifies passengers and crew about discharge restrictions.

#### **DISCHARGE OF SEWAGE AND WASTE**

- If you have a recreational vessel with installed toilet facilities, it must have an operable, USCG certified marine sanitation device (MSD) on board.
- All vessels 26 feet or more in length that have an enclosed cabin with sleeping facilities must be equipped with a toilet if on Florida state waters.

#### **Boatman's Checklist**

For maximum enjoyment and safety, check each of these items before you start your engine and head out on the water:

- Drain plug, make sure it is in and securely tight.
- Life saving devices, i.e., life jackets, throwable device, horn, whistle, and flares (expiration of 42 months from manufacture date).
- Check for adequate fuel and fuel lines are tight.
- Check batteries, cables tight, and clean terminal connections.
- Look for your capacity plate to avoid overloading your boat.
- Check the weather conditions.
- Check bilge pumps, navigation lights and anchor lights, fire extinguisher (class B recommended and the expiration stamped on the extinguisher is good 12 years), paddles, anchors, and lines.
- Have a float plan, notify your neighbors, friends, etc. of where you will be boating and/or fishing.
- Federal law mandated the use of ECOS (engine cutoff switch) on April 1, 2021. Anything with over 3hp motor and under 26' in length requires the use of the ECOS. However, this law does not apply when docking, launching, and loading on a trailer, trolling, and operating in a "no wake zone".
- Accidents happen so be prepared to have a way to board your boat in case of a "man overboard".
- Suggested by the Coast Guard, your name and phone number should be written on any personal flotation device.
- First Aid Kit
- Check your VHF radio is working properly.

## Annual boat slips are available. Please contact the office.

The Orange River is an "Idle" zone river all season long.

"Idle Speed, No Wake" Zone: A designated area where vessels must be operated at a speed no greater than that which is necessary to maintain steerage and headway. The vessel should not produce a wake at this speed.

The Caloosahatchee River has a "slow wake" from November 15 to March 31.

Slow-No Wake means operating a boat at the slowest speed necessary to maintain steerage and reduces or

eliminates waves that appear as white water behind the boat. the same location frequently.

Resume normal operating speed from April 1-November 14.

#### **VHF Radio and your Boat**

You should always monitor weather developments. One way is to tune a VHF radio to the frequencies listed below. A VHF radio is also useful if you need to summon help due to a boating emergency.

VHF Frequencies Broadcasting NOAA Weather Reports:

162.400 MHz

162.425 MHz 162.500 MHz 162.450 MHz 162.525 MHz 162.475 MHz 162.550 MHz

# Recreational boaters are given access to these VHF channels:

- 6 Intership safety communications only.
- **9** Communications between vessels (commercial and recreational) and ship to coast
- Strictly for navigation purposes by vessels at bridges, locks, and harbors.
- Distress and safety calls to USCG and others, and to initiate calls to other vessels.
- 22 USCG broadcasts of severe weather warnings and other safety warnings.
- **24-28** Public telephone calls (to marine operator).
- **68,69**, Recreational vessel radio channels and ship
  - **71** to coast.



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#### CATCH OF THE SEASON

THANK YOU, THANK YOU for another successful and fun Orange Harbor Catch of the Season (COTS) fishing tournament! The 2023-24 season was recently concluded on April 15. For the first time in the tournament's long history, we have co-winners. Both John Gossett and Tony Wellbaum reported catches of an 80" Sawfish, which are only the second and third reported Sawfish catches in the tournament's history. Congratulations, John, and Tony!!!! Their nameplates have been engraved and installed on the COTS fishing plaques proudly displayed on the Wall of Fame in the Orange Harbor clubhouse. (See photos below). Both fishermen are repeat winners as John won last year with his catch of a 36" Blacktip Shark, and Tony was the 2020-21 winner with his catch of a 65" Tarpon. While Tarpon most often has been the winning species, oddly there were no reported Tarpon catches this season. Lastly, John reported this season's final catch of a 33" Blacktip Shark.



But with last month's April issue of the Island News, COTS may have grown and expanded (and they say you can't teach old dogs' new tricks!). Being an age 55+ park, many of our OH residents have visiting friends and relatives, even grandchildren! And we all know how proud parents and grandparents love to show them off. So, the submissions to COTS next season will now include reports and photos of any catch from the beautiful Orange Harbor shores, and space permitting, we'll try to include them in this space in the Island News. HOWEVER, the tournament rules will stay in place with no changes, meaning for tournament entry the catch must still be by a resident, from an OH shore, reporting their catch to the Commissioner. The only change is that we will now be additionally inviting for publication the reporting of NON-tournament catches from vacationing NON-residents. We owe this inspiration to Roger Henry reporting his visiting son-in-law's catch of a 35" Snook for the April issue. Thank you, Roger, and hopefully this can become another amenity for our residents: the ability to show off their friends, family and those dear angling grandkids.

Have a good summer, keep fishing, be safe, and the 2024-25 COTS season will commence this coming November 1st and run through April 15, 2025. See you then!!







#### **Mom's Butter Baked Chicken Recipe**

#### Ingredients:

- 4 chicken breasts (boneless, skinless) pounded and tenderized.
- 1 can evaporated milk (any size, but typically 12 oz)
- 1 cup flour
- 1 1/2 teaspoons salt
- 1/8 teaspoon pepper
- 1/4 cup butter
- 1 can Cream of Chicken soup (usually about 10.5 oz)
- 1/4 cup water

•

#### **Preparation:**

- 1. Preheat Oven: 350 degrees.
- 2. **Mix Dry Ingredients:** In a shallow dish, combine the flour, salt, and pepper. Stir these together until they are well mixed.
- Coat Chicken: Dip each chicken breast into the evaporated milk, ensuring it's well coated. Then, dredge the chicken in the flour mixture until it's completely covered.
- Melt Butter: In a baking dish (around 9×13 inches), melt the butter in the preheated oven.
   Watch carefully to ensure the butter melts without burning.
- 5. **Arrange Chicken:** Place the flour-coated chicken breasts in the baking dish with the melted butter. Arrange them in a single layer.
- Bake Chicken: Bake the chicken in the preheated oven for 30 minutes. Halfway through (after about 15 minutes), turn the chicken breasts over to ensure even cooking.
- 7. **Prepare Sauce:** While the chicken is baking, mix the Cream of Chicken soup and water in a bowl. This will be your creamy sauce.
- 8. **Add Sauce:** After the chicken has baked for 30 minutes, pour the soup mixture over the chicken in the dish.
- Final Baking: Continue baking the chicken for an additional 10 to 15 minutes, or until the chicken is thoroughly cooked and the sauce is bubbly.

This is a simple, easy comfort dish.

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#### **Co-Op Board of Directors Meetings**

The Orange Harbor Board of Directors meet every fourth Friday of the month at 9:00 am in the clubhouse and via Zoom. Shareholders will be notified of the meeting via email. All shareholders are welcome to attend. The next meeting will be **May 24, 2024.** 

#### **Town Hall Meetings**

Town Hall meetings are held every Wednesday after the Board of Director meetings from the previous Friday. All residents of Orange Harbor are invited to attend. Whether you lease the land or are a shareholder all are encouraged to attend. Meetings are held at 10 am in the clubhouse. The next meeting is scheduled for May 1, 2024 and May 29, 2024.



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ORANGE HARBO	R SOCIAL COMMI	TTEE Effective 7/1/23	BLOCK PARTIES	Lori Johnson	906-280-1385		
CHAIRMAN	Denise Miller	603-493-1719	HALLOWEEN	OPEN			
V. CHAIRMAN	Diane Beique	603-759-3361	MARDI GRAS	Tim, Nancy Perry	513-460-8921		
TREASURER	Debbie McNeal	812-325-8732	RED HATS FOXY L	ADY Nancy Shepe	rs 502-354-1718		
SECRETARY	Tracy Chambers	815-560-2104	TRAVEL	Butch Chambers	708-204-6053		
COMMUNICATIO	N Pat Walther	314-403-4125		Tracy Chambers	815-560-2104		
NEWS EDITOR	Jennifer Krogulsk	i570-237-5409	WELCOME	Dolly Tye	708-542-1978		
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		N THE Clubhouse,Paradise	BUNCO	Betty West			
		se Miller 603-493-1719	CRIBBAGE	Dolly Jones	989-928-1900		
SATURDAY COFF	EE & DONUTS		DINGO	Denise Miller	603-493-1719		
SOCIAL COMMIT	TEE Rotating	y Volunteers	DBL DECK PINOC	HLE OPEN			
KITCHEN SUPPLI	<b>ES</b> Dolly Tye	708-542-1978	EUCHRE	Ken Stickler	231-947-2478		
	Gail Bower	239-464-3981	PINOCHLE	Mary A Kriesen	440-354-6898		
COMMITTEES. C	LUBS & ACTIVITIES		TEXAS HOLD'EM	Debbie McNeil	812-325-8732		
	Tracy Bostelman		<u>SPORTS</u>				
AED DEFIB/CPR	Bill Michals	415-704-7250	BILLIARDS	Bob Coates	207-620-0912		
		440.254.6000	BOCCE BALL	Marlene Hanke	920-921-1807		
ART & CLUB	Mary A Kriesen	440-354-6898	CORNHOLE	Sue Pierson	612-298-7526		
	Linda Trinkle	812-278-4475	POWER WALK DV	/D Sue Steiner	920-810-0571		
BOAT CLUB	Jim Robinson 81		HORSESHOES	Richard Jeffery	612-850-4149		
	Michael Kerr 93		LADIES GOLF	Sharon Milliken	317-362-5040		
ENTERTAINMENT	Butch Chambers		LINE DANCING	Caryn Noonkeste	r765-427-6181		
	Nancy Perry	513-460-8921	MEN'S GOLF	Kim Franks	413-834-0699		
FIRST MATES	Vicki Deutscher	219-851-0901	MOVIE NIGHT	Karl Merz			
HOBBY CLUB	Sue Steiner	920-810-0571	PICKLEBALL	Midge Hennig	248-343-4031		
HOLIDAYS	Cheryl Hamilton	937-360-7734	PING PONG	Linda Trinkle	812-278-4476		
LIBRARIAN	Dolly Tye	708-542-1978	SHUFFLEBOARD	Pat & Jim Joyce	517-294-0600		
MIMOSA BELLES	Gayle Corson	815-355-4352	WATER AEROBIC	Sharon Milliken	317-362-5040		
OH DIRECTORY	Jeannie Miller	317-716-9778		Barb Hayden	585-610-0213		
PARK SALE	Jeannie Miller	317-716-9778					
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#### **Picture Perfect Pets of OH!**

Orange Harbor is a pet-friendly park. Our pets are a part of our family and bring so much comfort

and joy to our lives. We have so many pets in the park, and we'd like to get to know them better. Please send me a picture of your pet for a future issue. Send your pictures to <a href="mailto:ohnewsletter@aol.com">ohnewsletter@aol.com</a> or text it to me at 570-237-5409 with your pet's name, breed, age, and any other interesting tidbits that you'd like to share (quirky habit, etc.).



This is Bubba! He has a lot to say. I'm a Chihuahua/Pomeranian mix. This combo means I have the cutest curly tail and that I bark... A LOT!! It drives my mom crazy. If you see us out walking or in the golf cart, you'll probably hear me say hello or please come pet me. If you

have a dog with you, I may sound mean and try to get your dog to bark too... sorry about that! I like to get to know most everyone. I just turned 13 but I like to play like a 2-year-old. I like big dogs and little dogs, but my favorite friend is a cat! She and I have a very special relationship and we play and chase each other all over.

I live with Billy and Renee Roberts, and they take pretty good care of me most of the time. Sometimes they stay out with friends in the neighborhood because there is so much to do here, and they are having fun. I miss them a lot when they do but I know they are close and always come back in time to feed me! I sleep in a huge bed and when I sleep or am scared (like when there are big storms!) my tail isn't curly anymore, it's straight. This fascinates my dad. I've made a lot of new friends in Orange Harbor and hope to meet you too!

#### **Pet Disaster Kit for Emergency**

- ID tags with phone numbers for collars and/or harnesses.
- Leashes, harnesses, and carriers to transport pets safely and securely.
- Water and food for 7 days.
- Medication for 7 days.
- Vaccination records, medical conditions, behavior problems, feeding schedule, vet information stored in a water-proof container. This is needed if you must board your pets.
- Current photo of your pets in case they get lost.
- Pet bed, toys, treats, food bowls.

\*Reminder- pet owners to observe the park rules regarding dogs, as failure to comply will result in a violation letter! 1. Pick up and dispose of dog waste in YOUR

trash or in the dog waste receptacles at the dog park. 2. Always keep your dog on a leash and walk them on the road. 3. Do not allow your dog to walk, defecate, or urinate in other resident's yards or RV sites. 4. Dogs must always be accompanied by an owner, when outside a residence or RV. 5. You must keep your dog under control, especially around other dogs, and pedestrians. 6.Underthe noise ordinance, excessive barking is considered a nuisance to other residents; inside or outside a residence. 7. ALL PETS must be registered in the office. 8. Please keep cats on leash and do not let them out of your home unsupervised. **Don't forget to send in your dog and/or cat vaccinations to the office.** 

Please remember to keep your pets on a leash and please keep pets off the picnic tables in the pavilion and gypsy haul. Unfortunately, this has happened too often. Only food and drink are to be used on the tables.



#### Margaritaville (Cat Version)

Sniffin' some catnip, watchin' the sun dip My silly human is mixin' a drink Playin' with some string, on the front porch swing This 'nip so good, I can't even think

#### (Chorus)

Sleepin' all day again in Margaritaville Playin' with an old shaker of salt Don't really care, I knocked it under a chair He left it out...it's my human's fault

Don't know the reason
This catnip's so pleasin'
Helps pass the time when there's not much to do
I see a broken mug
Some barf on the front rug
What happened here, I haven't a clue

#### (Chorus)

Sleepin' all day again in Margaritaville Played with that old shaker of salt Don't really care that it's stuck under a chair Listen to me...it's my human fault

I slept on a flip flop
Batted a pop top
Rather have wet food, but ain't gonna beg
But there's 'nip in this cat toy
And soon I will feel joy
Then maybe go scratch up that old sofa leg

#### (Chorus)

Sleepin' all day in Margaritaville Watchin' this guy still search for his salt He won't look there, under that big leather chair I feel no guilt...yeah, it's all his fault.



Lee County Utilities will be temporarily converting its disinfectant process from chloramines to free chlorine residual from May 1 through May 21, 2024. This is a routine measure that is typical for water utilities using chloramines as their primary disinfectant.

Anyone who uses a kidney dialysis machine at home should contact his or her equipment supplier so the proper filtering equipment may be installed. Tropical fish or aquatic animal owners should contact a local tropical fish store for appropriate pretreatment of water before adding water to tanks. Customers may notice a temporary change in the taste, odor, and color of the water, which is not harmful. Again, this is a routine measure to ensure our customers of clean, safe potable water.

Please feel free to contact our office during regular business hours, 8am to 4:30pm at 239-533-8845, if you have any questions.

#### **Fertilizers**

Lee County reminds the public that fertilizers containing nitrogen or phosphorous may not be used on lawns and landscapes during the rainy season, between June 1 and September 30. Excessive nutrients - nitrogen and phosphorus – from fertilizer used on urban lawns and landscapes can have a detrimental effect on water quality in Southwest Florida. This is particularly true during Florida's rainy season, which is typically June through October. Excess nutrients in stormwater runoff can stimulate algae blooms, including drift algae and blue-green algae, and has been implicated in red tide blooms. These blooms can result in harmful impacts to beaches, wildlife, and the local economy. Responsible use of fertilizer, including rainy season restrictions imposed by local ordinances, is a cost-effective way of controlling nutrient pollution entering county waterways. To find the fertilizer ordinances in place for Lee County and throughout Southwest Florida, and for information about healthy fertilizer practices, visit https://fertilizesmart.com/

Don't forget Mother's Day is May 12!

#### **Residents of Orange Harbor**

Be sure to check out a private Facebook group for the residents of Orange Harbor!

Join **Orange Harbor Friends** for information of activities in our community.

#### **Hurricane Season begins June 1**

The time to develop an emergency plan is *prior to* a disaster. Being prepared will help keep you and your loved ones safe and establish a reliable network of support during a crisis.

#### Plan

Know your risks:

What is your Storm Surge/Evacuation Zone? Are you in a flood zone? Do you live in a mobile or manufactured home? What year was your house built? Does your house have storm shutters?

#### **Prepare**

Prepare evacuation or sheltering options.

Prepare an Emergency Supply Kit before the start of hurricane season.

The Family Emergency Plan is a great tool to help you create a plan that is specific to your family's needs. Find it on our website www.LeeEOC.com.

Secure items in and around your home before tropical storm force winds arrive.

Practice as many elements of your plan as possible.

#### Pass it on

Be sure all family members know who to call or where to gather if you become separated.

Let family and friends in other locations know your evacuation plans.



#### **Residents for Hire and Services**



I am Janell Durr at 1298 5<sup>th</sup> St. and I am available for petsitting and I am able to drive you to the airport/doctor appointments. Please contact Janell at 567-204-3492.



I am Capt. Billy Roberts, and I am available if anyone needs help with their boat, I have over 30 years' experience in maintaining and operating boats of all sizes. I have been a licensed yacht 100-ton captain for 25+years. I do not repair outboard motors. Please contact Billy at 310-408-4015.



I am Kay Evan at 1230 2<sup>nd</sup> Street in the RV section, and I make 3D Pop-Up cards for special occasions. I have over 600 different designs that will make your friends and family awe with appreciation when they receive them! You can see all my designs at <a href="https://www.korianndesigns.com">www.korianndesigns.com</a>, if you want to pre-shop and I can have your cards ready for you. I make all my cards. (Think of scrapbooking on steroids). You get a card, envelope all in a clear plastic bag. If there is something special you are

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control, trimming for an additional fee, use of a Humidity Meter to check air conditioner function, text message after home check to keep you informed of any problems/no problems

If you would like a free quote, please contact me, Mike, at 239-834-9418.





#### **Zoom Etiquette**

Zoom meetings are now a staple in our day-to-day lives and show no signs of going away. Reliable, easy-to-use video platforms like Zoom have helped to restore the ability to hold meetings during difficult times. The challenges and benefits of Zoom meetings can be much different than in-person meetings. The advantage of virtual meetings is the ability to hold them almost anywhere and have more people participate from anywhere, but there are dos and don'ts associated with participating in a Zoom meeting.

#### ✓ Zoom "Best Practices"

- ✓ You should try to attend the meeting from a quiet area that has a neutral background.
- ✓ Eliminate distractions-noises (dog barking, dishwasher, voices in the background, TV, etc.) and movement going on around you.
- ✓ Wear proper attire-not your pajamas or go shirtless.
- Avoid distracting behaviors-ironing, eating, moving around, etc.
- ✓ Don't do private things-brush or floss your teeth, shave, etc.

**REMEMBER: THE CAMERA SEES EVERYTHING & EVERYONE ON ZOOM CAN SEE YOU.** While we like to see everyone, you do not have to participate using video to attend a Zoom meeting. You do not have to have your camera on to see what is going on at the meeting either. Another option is to just cover up your camera lens at the top of the screen with a post-it note. If you choose to have your camera on, aim the camera 'straight' at your face (not from a position that looks up your nose) and try to follow the Zoom "best practices".

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#### **Downtown Ft. Myers**

There are many exciting events monthly in the heart of Ft. Myers. Some of the area streets are shut down to traffic for the safety of its patrons.

Art Walk is every 1<sup>st</sup> Friday of the month which features local artists. You'll find local vendors, crafters, and artists demonstrating and selling their unique works-of-art from a wide variety of mediums. **May 3, 2024.** 

Music Walk is every 3<sup>rd</sup> Friday of the month, the streets will come alive for a one night only concert showcasing musicians of all talent levels and a variety of styles. All events are free to attend and fun for all ages. Visit myriverdistrict.com for more information. **May 17, 2024** 

#### **Gate Tutorial**

To protect our residents and protect our gate codes, there is a simple way for all of us to let in our guests, contractors, vendors, etc. At the front gate there is a pin pad kiosk. Every resident has their own special code listed on the directory of the kiosk. If you would like to find your code, you can go to the gate, hit the # symbol continuously until you find your name which are in alphabetical order. When you see your name there will be a four-digit number behind your name. Memorize that number! When you must allow entry for someone just have them go to the kiosk enter your four-digit number on the pin pad. Your phone will ring, and your caller ID will show Orange Harbor Office. At this point, answer the call and you will be able to communicate through your speaker on the phone and the speaker on the kiosk. You then will press the number 9 on your phone, repeatedly, if need be, and the gate will open. If you do not want to look for your special code, your visitor can follow the steps on the pin pad of the kiosk. If you have any questions, please stop in, or call the office.



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DID YOU KNOW THAT IF YOU HAVE AN ISSUE/QUESTION/RECOMMENDATION IN OUR COMMUNITY THAT NEEDS TO BE RESOLVED BESIDES CONTACTING THE OFFICE, YOU HAVE THREE OTHER ALTERNATIVES TO HAVE YOUR VOICE HEARD?

- 1. PUT YOUR NAME IN THE SUGGESTION BOX WHICH IS LOCATED IN THE CLUBHOUSE NEAR THE FRONT DOOR. BE SURE TO FILL IT OUT COMPLETELY WITH YOUR NAME AND PHONE NUMBER. IF YOU DO NOT ADD YOUR NAME AND PHONE NUMBER ON IT, IT WILL BE VOID.
- 2. FILL OUT A WORK ORDER LOCATED IN THE OFFICE FOR OUR MAINTENANCE STAFF.
- 3. PARTICIPATE AT THE TOWN HALL MEETINGS.



#### **Orange Harbor Boat Club**

If you own a boat or just like being on the water and want to enjoy all our activities!

The object of this clubs is to promote, protect and encourage the sport of boating. To encourage the members to become familiar with, to adhere to the Rules of the Road and laws of navigation and seamanship, and to promote and encourage sociability and friendships among its members.

As a member we have monthly group boat trips to local restaurants, an OH Christmas Boat Parade and a Commodores Ball amongst other fun activities! Ideas and leaders are always welcome. Our meetings are on the first Saturday of the month. Please contact Jim -Robinson at 815-353-7280.

Boat club meetings begin in November and run through April. Boat outings are the 4<sup>th</sup> Monday of those months.

For more information:

Boat Club- Jim Robinson – Commodore 815-353-7280 <u>litehouse@pga.com</u>

#### **First Mates**

The objective of our organization is to encourage the sport of boating: To encourage members to become familiar with and adhere to the rules and laws of navigation and seamanship and to promote and encourage sociability and friendship amongst its members (husband or significant other does not have to be a member of the Boat Club).

Dues are \$10 annually.

Our meetings are the first Saturday of each month and start immediately after the breakfast social hour.

Applications are in the clubhouse in the Boat Club/First Mates area on the bulletin board. We welcome you!

If interested, grab an application, fill it out and drop it off at 195 Sun Circle or to Gayle Argenzio.

Vicki Deutscher, President First Mates-219-8510901 vickideutscher@yahoo.com

#### **Hobbies and Crafts 2024-2025**

2/3/25 Set-up for Used Fashion Sale 2/4/25 Used Fashion Sale 10-1 2/11/25 Used Clothing Style Show 9am 2/16/25 Hobby Bazaar set-up 2/17/25 Hobby Bazaar

\*Please note that the group would like to have participants bring their sewing machines again as done in previous years.

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We don't call it homesick. We call it missing home. There's not a sickness involved, it's a state of mind. Luckily, paradise is always waiting! We will be waiting for you to return and get the next "season" started. Here are some of the many activities that your Social Committee is already planning for 2024-2025...

Halloween party Pasta Dinner White Elephant Chili Dinner

Christmas golf cart & boat parades

**New Years Eve Party** 

Park Sale Fish Fry

Fashion Sale and Show Welcome Back Carnival Neil Diamond Impersonator

Super Bowl Party

Dance with Rewind Band

Spring Bazaar

Margarita Day Party Dueling Pianos

Mardi Gras Celebration

Block Party with Jumpin' Fences

Community Yard Sale Reuben Sandwich Dinner

Art Show

Music in the Pavilion

PJ Party Pool Parties Card Parties

And Many More Events to Follow!

If you would like to be a part of the Social Committee, please contact Denise Miller at 603-493-1719 or come to a meeting!

#### **Meet Your Neighbors**

We want to get to know our neighbors! If you have lived here for one month or 30 years, it doesn't matter! Please submit a picture of yourself and a description of where you are from and where you live here. We would like to post your story! Send your story to <a href="mailto:ohnewsletter@aol.com">ohnewsletter@aol.com</a>

Please, I need some volunteers! No one submitted an article for May.



#### Memorial Day May 27, 2024

"Those who have long enjoyed such privileges as we enjoy forget in time that men have died to win them."

- Franklin Delano Roosevelt

Memorial Day is often considered the unofficial beginning of summer. Parades take place, the grill is dusted off for the first time. Actually, it is more than that. Memorial Day is in remembrance of soldiers who fell in combat risking their lives for their country. It is about gratitude.

So where does the holiday come from?

Although placing flowers on graves is a very old tradition, the modern Memorial Day observance began with the end of the Civil War. In four years of fighting, more than more than 622,000 Americans, from the North and the South, had died. The government established national cemeteries for the Union fallen, while cemeteries were established in cities and towns across the country. With those cemeteries came mourners. They decorated the graves of their fallen heroes with flowers. They recited prayers. They held tributes. It began as a very solemn day.

With the conclusion of the divisive Civil War in 1865, there was a yearning for remembrance of those lost—for healing the wounds of war. A pharmacist in Waterloo Village, New York, Henry C. Welles is credited with the inspiration that "it would be honorable and appropriate to recall the sacrifice of the patriotic dead by displaying floral tributes on the gravestones of the fallen."

After World War I, as the day came to be observed in honor of those who had died in all U.S. wars, its name changed from Decoration Day to Memorial Day. Since 1971 Memorial Day has been observed on the last Monday in May.

#### In Loving Memory...

Paula M. Guisinger



It is with deep sorrow that we announce the death of Paula M. Guisinger of Tiffin, Ohio, born in Oregon,

Ohio, who passed away on March 15, 2024, at the age of 76, leaving to mourn family and friends.

She was predeceased by her parents, Paul A. Schnell and Florence Schnell (Reifert). She is survived by her husband Ronald G. Guisinger of Tiffin; her children, Matthew Guisinger of Oregon, OH, Megan Guisinger of Tiffin and Susan Fayazi-Azad (Brian) of Dublin; and her granddaughter Ava Fayaz-Azad of Dublin.



#### Patricia Ann "Pat" Graybill

Patricia Ann "Pat" Graybill, 84, of Manchester, Iowa, passed away on Sunday, March 24, 2024, at the Good Neighbor Home in

Manchester with family by her side, after a twoyear battle with cancer. A Celebration with burial at Oakland Cemetery will be held at a later date. Bohnenkamp-Murdoch Funeral Home & Cremation Service, Manchester is assisting the family. Pat was born on November 26, 1939, the daughter of W.R. (Duke) and Fern (Gaffney) Hamblin, in Manchester. She graduated from Manchester High School in 1958. After graduating from High School Pat worked at Wallace's Inc. where she met Jim and they later married in 1960. She also worked for Farm Bureau Insurance, Dr. Krieger in Optometry, accounting for various family-owned businesses, and was a Kitchen Supervisor for West Delaware Middle School until her retirement. Jim and Pat enjoyed spending winters in Fort Myers, Florida until Jim's passing in 2022. Pat will be missed by all those who knew and loved her.

Pat is survived by her two sons, Brian Graybill (special friend Kristy Sargent) and Kevin (Ronda) Graybill, all of Manchester; five grandchildren, Adam Graybill, Brett Graybill, Danielle (Landon) Schropp, Kaitlyn (Parker) Hunt and Jared (Olivia) Graybill; three great-grandchildren, Piper Jo Hunt, Clayton Hunt, and Marlowe Schropp; sister, Sandi Allen; brother-in-law, Steve Bryant; and her many nieces and nephews.

She was preceded in death by her parents, Duke and Fern Hamblin; husband of 61 years, Jim Graybill; sons, Scott and Shawn Graybill; one sister, Carol Bryant; and brother-in-law, John and Gayle Graybill.



#### Orange Harbor Boat Club History

#### October 1971

Before we knew it summer was gone, and it was time for the October meeting of the Orange Harbor Boat Club with Acting Commodore "Monty" Jones at the helm. There were several newcomers who wished to join, and they were welcomed as honorary members until such time dues would be collected. Walter Mast and John VanCamp were asked to act as nominating committee for election of new officers.

#### November 1971

By the time November arrived interest was really building, and that meeting found twenty-seven members ready for action as well as Acting-Commodore "Monty" Jones. Captains McMillan and William Decker of the United States Coast Guard Auxiliary gave a sales talk on forming a new Flotilla of the Coast Guard Auxiliary in this area and offered to hold a three-course lecture and schooling on boat handling. No action was taken at that time.

A committee made up of Tom Popik and George McKelvy was appointed for future entertainment. Amendments to the Constitution and By-Laws were read and discussed to be voted on at the next meeting. Alice Larcombe, widow of Commodore Claude Larcombe, was voted to become an honorary member of the Orange Harbor Boat Club as well as other widows of deceased Club members. A one-minute silent prayer was offered for deceased member, Dale Hathaway.

Highlight of November was our trip to Cape Coral Sportsman Yacht and Sailing Club for fifty-nine happy Orange Harbor Boat Club members. There were fifteen boats guided by Fleet Captain Walter Mast. An especially pretty sight was the First Mates all "decked" out in costume of white with orange sashes and multicolored boat patches on their shoulder, thanks to the originality of our Acting-Commodore's First Mate, Lu Jones. Everyone had a wonderful time and enjoyed very good food, thanks to our hosts. They put on a marvelous show of a Black Lighted Square Dance followed by group dancing and singing led by Bob Woods. It was a perfect day including the weather.

#### December 1971

The Boat Club was continually growing and in December new members were introduced by Vice-Commodore, "Monty" Jones. "Pat" Partridge, Donald Wissinger, Carl Jackson, Robert Moore, Eugene Koerner, Alvah Morical and Martin J. Servel. Members of the Club had an opportunity, if they desired, to take an eight-week navigation course but they decided to investigate it further as to time and dates.

In regard to safety some precautionary concerns were pointed out, such as blocking wheels when launching and removing boats from the water. Boats should carry fenders as well as ample lines and a good anchor. Abrasive material should be added to paint when painting trailer walk.

The December Boat-A-Caid to Indian Hills was a great success with hamburgers and well filled baskets on the menu.

Be sure to follow next "Season" for future articles! Thank you Jim Trinkle!



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#### Skin Care Best Treatments and Routines for Women 55 and Beyond

Let's face it, we live in the Sunshine State which we all enjoy, however, the sun isn't always a good thing for those looking to keep a clear complexion and stay healthy. If only we could go back and tell our younger selves to take better care of our skin. This should be a good reminder to let our daughters and granddaughters know that you can never start too early to achieve a younger looking complexion and a safe complexion from UV rays and the chances of skin cancer. As we age, our skin goes through many changes. Wrinkles and age spots worsen, and our skin becomes thinner and less elastic. You may notice your complexion losing moisture more easily, leaving your skin dry and irritating. There are several reasons these things can happen, including a lifetime of sun exposure, post-menopausal hormone levels, loss of collagen and hyaluronic acid, and certain medications or medical conditions.

#### **Your Morning Skincare Routine After 55**

As we age, our skin changes, and we may not be using the same products we did in our younger years. Along with cosmetic treatments, there are also several skincare products for 55-year-old women that can help reduce signs of aging and keep your complexion as hydrated as possible. The most ideal skincare routine for women in their 50s takes into account the unique needs of aging skin, which should include the steps below:

- Cleanse: A good morning skincare routine should start with a hydrating cleanser to wash the skin without stripping away its natural oils. Because your skin is more sensitive when you're older, it's best to use a gentle, fragrance-free cleanser that includes ingredients like hyaluronic acid and glycerin.
- Serum: Dehydration is a common concern for older adults, and it can lead to fine lines, wrinkles, and a dull complexion. Applying an antioxidant-rich serum after you clean your face in the morning, particularly one that contains vitamin C, peptides, or other antioxidants, is a great way to keep your skin hydrated and healthy.
- 3. **Moisturize**: Applying moisturizer in the morning is a great way to further restore your skin's moisture barrier. When shopping for day cream,

- look for hydrating ingredients like hyaluronic acid and shea butter.
- 4. **SPF**: Sun damage is another issue that becomes more prevalent as we age. To protect the skin from harmful UV rays, use sunscreen with an SPF of 30 or higher. When applied daily—even on cloudy days—SPF can help prevent wrinkles, age spots, and further sun damage to the skin. Be sure to reapply sunscreen every few hours if you're outdoors for long periods of time.

Also, don't forget your neck and chest. Your neck and chest are often neglected when it comes to skincare, but they need just as much attention as your face. Use the same products on your neck and chest that you use on your face, and don't forget to apply sunscreen to these areas as well.

#### **Your Evening Skincare Routine After 55**

A good evening skincare routine will also help keep your skin looking its best. Here are some tips for creating the perfect evening skincare routine for women in their 50s:

- 1. **Cleanse**: Wash your face with a gentle cleanser that won't strip away your natural oils.
- Toner: A hydrating toner can help tighten the skin of the face to produce a fuller look. This can help combat the appearance of sagging skin as you age.
- 3. **Exfoliate**: Exfoliation is important for all skin types, but it's especially beneficial for mature skin. This will help slough off dead skin cells and reveal the brighter, smoother skin underneath. You can use a gentle exfoliating scrub or a chemical peel to achieve this. Just be sure not to overdo it, as too much exfoliation can damage your skin. Look for exfoliating products that contain glycolic or lactic acid.
- 4. **Mask**: Masks with botanical and other natural ingredients can help contour and tighten skin, as well as reduce redness and puffiness.
- 5. **Serum**: Applying a serum with hyaluronic acid after you clean your face can help protect your skin from damage and increase hydration.
- Moisturize: A good night cream will help keep your skin hydrated and plump. Look for a formula that suits your skin type and apply it generously before bedtime.

- 7. Eye cream: The delicate skin around your eyes needs special care. Look for an eye cream that contains hyaluronic acid or other ingredients that help with hydration and wrinkles.
- **8. Lip Balm:** Your lips can become dry and wrinkled as you age, so it's important to keep them hydrated. Apply a rich lip balm before bedtime to help lock in moisture.

Following these simple tips can help you create the perfect evening skincare routine. Just remember to tailor your routine to your skin type and needs to achieve the best results.

#### What to Avoid in Your Skincare Routine After 55

While plenty of anti-aging products on the market can help improve the appearance of mature skin, some ingredients and formulas can do more harm than good. If you're over 55 and looking to maintain a healthy, youthful complexion, here are a few skincare ingredients and products you should avoid:

- Alcohol-Based Toners: These types of toners will strip any moisture from your complexion, particularly for those with mature skin. If your goal is to hydrate and nourish your skin, opt for a hydrating toner or mist instead.
- Strong Retinoids: Retinoids can be powerful anti-aging ingredients, but they can also be irritating, especially on more sensitive skin, like mature skin. If you're using a retinoid product, start slowly by using it just a few times a week and build up to daily use as your skin becomes accustomed to the ingredient. Retinoids also come in varying strengths as well, so it is possible to start with a lower strength and slowly work your way up as your skin becomes used to the product.
- Harsh Scrubs: Abrasive scrubs can damage the delicate surface of mature skin, causing irritation, redness, and inflammation. If you want to exfoliate your skin, opt for a gentle chemical exfoliant instead.
- Scented Products: Many skincare products, from cleansers to moisturizers, are scented. But for mature skin that is prone to dryness and sensitivity, scented products can be irritating. Look for fragrance-free options or products that contain natural essential oils instead.

 Hot Water: Avoid using hot water when cleansing your face, as it can strip away natural oils and lead to dryness. Use lukewarm water instead to help keep your skin hydrated.

In addition to avoiding these products and ingredients, limiting your exposure to the sun is also best—especially between 10 a.m. and 2 p.m. Always wear protective clothing, apply sunscreen regularly, and avoid sunbathing and tanning salons.

Finally, it's best to check your skin regularly for signs of skin cancer. If there are any skin changes to your complexion that you're worried about, you should call your doctor right away. The <u>American Academy of Dermatology</u> suggests that you get your skin checked yearly by a dermatologist for any signs of skin cancer.

Skin cancer is a disease that involves the growth of abnormal cells in your skin tissues. Normally, as skin cells grow old and die, new cells form to replace them. When this process doesn't work as it should — like after exposure to ultraviolet (UV) light from the sun — cells grow more quickly. These cells may be noncancerous (benign), which don't spread or cause harm. Or they may be cancerous.

Skin cancer can spread to nearby tissue or other areas in your body if it's not caught early. Fortunately, if skin cancer is identified and treated in early stages, most are cured. So, it's important to talk with your healthcare provider if you think you have any signs of skin cancer.

#### Types of skin cancer

There are three main types of skin cancer:

- Basal cell carcinoma, which forms in your basal cells in the lower part of your epidermis (the outside layer of your skin).
- **Squamous cell carcinoma**, which forms in your squamous cells in the outside layer of your skin.
- Melanoma, which forms in cells called melanocytes. Melanocytes produce melanin, a brown pigment that gives your skin its color and protects against some of the sun's damaging UV rays. This is the most serious type of skin cancer because it can spread to other areas of your body.

Have fun in the sun, but don't forget the sunscreen!

#### Clip and Save

#### Things to do before leaving for the summer.

- Make the outside mower friendly, and spray weeds before leaving.
- 2. Have a local summer caregiver and give the name/number of the person to the office.
- 3. Spray for ants before leaving.
- 4. Put away ALL outside lawn furniture, hoses, barbeque grills, statues, fountains, etc.
- 5. Un-Plug all electrical appliances and computers.
- 6. Make sure RV sheds are hurricane tied down and security locked.
- 7. Discard all perishable food items.
- 8. Make sure all smoke alarms are working and have fresh batteries.
- 9. Tum refrigerator and freezer off. Prop doors open.
- 10. Put plastic wrap over the toilet and tank to prevent water from evaporating.
- 11. If you leave the air on, set thermostat at 80-90 degrees (set it to cool and auto).
- 12. Put fresh batteries in thermostats.
- 13. If you have a humistat, set to 65.
- 14. Clean or replace your air conditioner filter.
- 15. Turn water OFF
- 16. Tum off hot water heaters.
- 17. Close and lock windows and doors before you leave.
- 18. Forward your mail and put a note in your mailbox.
- 19. Make sure the office has your correct address, phone#, email, and a set of keys.
- 20. Put Phone and cable "on vacation".
- 21. Return all books, puzzles, videos, and DVDs to Community Library.
- 22. Call the Electric Company and give them your summer address.
- 23. Put all awnings down and secure.

Have a safe summer! See you next Season!



# A rat's favorite game is Hide and Squeak! How to rid your home of rats!

The three specific types of rats in Florida that homeowners are most likely to spot in their homes, attics, or garages or someplace else on their property are roof rats, Norway rats, and woodrats.

One of the simplest and most widespread methods for getting rid of rats is to trap them. There are various types of traps, including live traps, glue traps, snap traps, and baited traps. A very productive trap to use is a rat bait station. You place the station outside of your home along a wall, place a poison in the box with Bromethalin as an active ingredient. You can lure them into the box with peanut butter along the edges of the box to encourage them to eat the poison. If everyone invested in a rat station, we could lower the population in the community.

#### **How to Deter Mice and Rats**

Since mice and rats can enter homes through tiny openings, the best way to deter them is to make sure your home is completely sealed. This includes your roof, foundation, siding, doors, and windows.

You can also deter rodents in Florida by eliminating their food and water source. Do not leave food out on your counters or on dirty dishes in the sink. Store your pantry items in metal containers and keep airtight lids on your garbage and compost bins. If you have pets, take up their food bowls when it is not their mealtime.

Lastly, make sure your pipes are secure as a leaky pipe can become a valuable water source for indoor rodents in Florida.



#### **Rules of Ownership and Rentals**

ALL SALES AND ALL RENTALS MUST GO THROUGH THE OFFICE. CREDIT AND CRIMINAL BACKGROUND CHECKS TO BE PERFORMED. If you do not follow the proper procedure, you will be in violation of our governing rules and regulations and will be subject to eviction.

- 2. All new residents must go through the application and screening process and be approved by management to be a resident of the community. If the manufactured home is sold to a tenant who is not approved by management, then management reserves the right to terminate the tenancy pursuant to Chapter 723, Florida Statutes.
- 3. All caregivers and renters residing in the community must first go through the application and screening process and be approved by management.
- 4. The Co-op shall limit the number of manufactured homes a resident can own to two (2). Any resident who owns more than two (2) manufactured homes at the execution of these Rules and Regulations shall be permitted to retain ownership of those manufactured homes. Management reserves the right to conduct a credit check for each additional manufactured home purchased by a Resident. The Co-op reserves the right to refuse the sale of additional manufactured homes to current residents based on the criteria established to determine the credit history of Resident.
- 5. The Co-op reserves the right to refuse admittance to any prospective resident or renter based on the criteria established to determine the credit history and criminal background of prospective resident.
- 6. The Co-op reserves the right to require an application fee not to exceed the greater of \$100.00 or the maximum cost allowed under 719.106 (i), Florida Statutes or Chapter 723, Florida Statutes. Management reserves the right to require a processing and screening fee. The failure of any prospective resident or renter to provide general background information, personal references and proof of financial responsibility shall be deemed a cause for refusal of residency.
- 7. The Co-op specifically reserves the right to terminate the tenancy of any tenant pursuant to the provisions of Chapter 723, Florida Statutes, upon determination by the Co-op that the tenant misrepresented or falsified any information on any application or entry forms required by the Co-op prior to admittance as a tenant of the community. In addition, the Co-op reserves the right to terminate the tenancy of a renter if the renter misrepresented or falsified any information on any application or entry forms required by Co-op prior to admittance.

All these articles can be found in the Rules and Regulations located at the office or online at orangeharbormhc.com under the Documents tab.







Tides are the 'heartbeat' of our ocean. Much like the sun rises each morning, tides occur predictably around the world. Beaches and treacherous reefs are often visible for enjoyment or avoidance (respectively!), but other times are obscured under many feet of ocean water. This regular rise and fall of water seem mysterious but is a perfectly well-understood and explained phenomenon: a phenomenon caused by conditions far outside the bounds of our planet earth.

All boaters, fishermen, and people who spend time on the coast should have an understanding of how tides work. Knowing what to expect can help you stay safe on the water, help you find more fish, and even help lessen your fuel consumption!

Tides are one of the universe's most fascinating forces – for boaters and non-boaters alike. Simply put, tides can be defined as the rising and falling of sea levels. Here are some more key facts about tides:

- During a changing tide, the ocean's waters are either being pulled towards the poles of the earth or pushed towards the equator. It's all based on the position and gravitational pull of the moon, the sun, and the rotation of the earth.
- Along most of the earth's coasts, tides rise and fall (go from low to high and high to low) two times per day, meaning the tide changes 4 times per day approximately every 6 hours. These are known as semidiurnal tides.
- In just a few places around the world, the tide rises and falls only once per day. These are known as diurnal tides.
- In some places, the first daily high tide is a lot higher than the day's second high tide, and these are called mixed tides.
- Depending on the position of the moon and the sun, there are two types of tides that can occur. A spring tide appears when the moon and the sun are aligned with the earth. A neap tide is formed when the moon is at a right angle to the line between the earth and the sun.
- When the moon is closest to the earth, tides are higher than usual. When the moon is farthest away from the earth, tides are lower.
- Tides are influenced by the geological differences in the shape of the ocean floor as well as the shape and dynamics of the coastline they are not consistent across different areas.
- A narrowing inlet may increase the speed of the tidal currents, while islands in the open ocean don't usually experience significant tides.
- Wind and other weather conditions can have an effect on tides. For example, high-pressure systems depress sea levels, while low-pressure systems produce tides higher than predicted.

#### Why Do Boaters Need to Care About the Tide?

Tides essentially affect the height of the water you're cruising on, which is subject to change based on the tide. The changing tides can cause several feet of change in the water depth (sea level), so its important boaters are aware of the tide's direction (is it coming or going?) and timing whenever they are boating. Even if it seems like a minuscule level of water depth change, tides can affect things like:

- What boaters should know about tides show how much rope you need to tie onto a dock.
- How much clearance you have to sail underneath a bridge.
- Whether or not your boat bottoms out on a shoal where just a few hours ago the water was deep enough to cruise across.
- Your ability or desire to cruise into a harbor where you might be moored, anchored, or docked for several hours at a time.
- How long you can safely stay anchored somewhere. If you underestimate the tide, if the tide goes out, your boat
  might just end up beached in place until the next tide rolls in. If the tide rolls in and your anchor isn't fully dug
  into the seabed, your boat is likely going to drift.
- When you'll be able to pass narrow channels. For certain channels, boaters need to plan their passages around the direction of the tidal flow. In some locales, it may be impossible to travel against the current.

"The wind and the waves are always on the side of the ablest navigator."

#### "May every sunrise hold more promise and every sunset hold more peace."

Please submit your photos to me through email at <u>ohnewsletter@aol.com</u> or text to 570-237-5409. I know there are a lot of great photographers here, so let's share your talent with everyone!



Photo by Vicki Deutscher



Photo taken by Vicki Deutscher on Good Friday (notice the cross?)

Sunday	Sunday Monday		Wednesday	Thursday	Friday	Saturday
		May 2024	1			
			1 10:30am Town Hall	2	3	4 8:00am All Park Breakfast
5 Cinco De Mayo	6	7 6:30pm Dingo	8	9 11:30am Foxy Ladies	10	11 9:00am Coffee & Donuts
12 Mother's Day	13	14 11:30am Mimosa Belles 6:30pm Bingo	15	16	17	18 8am All Park Breakfast
19	20	21 6:30pm Dingo	22	23	9:00am Board of Director Meeting	25 9:00am Coffee & Donuts
26	27 Memorial Day	28 6:30 Bingo	29 10:30am Town Hall	30	31	

### Weekly Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30pm Hand, Knee,	8am Exercise Class					
Foot	9am Water Aerobics					
	10:30am Bible		11am Mahjong	6pm Mexican Train	1pm Texas Hold'Em	
	Reading		5:30pm Hand, Knee,			
			Foot			

<sup>\*</sup>Some weekly activities may change through the month, please contact the chairman of that club for verification!



"Home of the free, because of the brave." - Unknown