

# October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 4:00 OHSC Meeting	3 6:30 Bingo	4	5	6	7 8:00-9:00 BC All Park Breakfast
8	9	10 11:30 Mimosa Belles 6:30 Dingo	11	12 6:30 Family Feud	13	14 9:00 Coffee & Donuts
15	16	17 6:30 Bingo	18	19	20	21 8:00-9:00 BC All Park Breakfast
22	23	24 6:30 Dingo	25	26	27 9:00 Shareholder Meeting	28 9:00 Coffee & Donuts
29	30	31 5:00 Halloween Party, Golf Cart Parade & Bingo				

## WEEKLY EVENTS

<b>4:00</b> Bible Study <b>5:45</b> Hand/Knee/Foot	<b>8:00</b> Body Groove Workout til 10/13 <b>Eff. 10/16</b> <b>8:00</b> Power Walking <b>9:00</b> Water Aerobics <b>6:00</b> Dominoes/Mexican Train	<b>8:00</b> Body Groove Workout til 10/13 <b>Eff. 10/16</b> <b>8:00</b> Power Walking <b>11:00</b> Mahjong	<b>8:00</b> Body Groove Workout til 10/13 <b>Eff. 10/16</b> <b>8:00</b> Power Walking <b>9:00</b> Water Aerobics <b>5:45</b> Hand/Knee/Foot	<b>8:00</b> Body Groove Workout til 10/13 <b>Eff. 10/16</b> <b>8:00</b> Power Walking <b>10:00</b> Shuffelboard <b>1:00</b> Bunco	<b>8:00</b> Body Groove Workout til 10/13 <b>Eff. 10/16</b> <b>8:00</b> Power Walking <b>9:00</b> Water Aerobics <b>1:00</b> Texas Hold'Em <b>6:00</b> Dominoes/Mexican Train	
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